

- a. **"Peace of mind,"** the basic characteristic of Christian joy cannot coexist with worry for that involves feelings of insecurity or feelings of threatened danger.
2. Paul indicates that worry involves the mind--  
wrong  
and that worry involves the heart (emotions)--  
wrong  
about circumstances, people and things. So if we develop the *single mind, the submissive mind, and the spiritual mind* as we should we will not have much problem with *worry*.
3. Four wonderful spiritual resources we have in Christ for joyful, peaceful, worry-free minds are:
  - a. (4:1-9) God's P \_\_\_\_\_ v.7
  - b. (4:10-13) God's P \_\_\_\_\_ v.13
  - c. (4:14-19) God's P \_\_\_\_\_ v.19
  - d. (4:20-23) God's P \_\_\_\_\_ v.21-22.

Conclusion:

1. What should you and I do?
2. Notice that each chapter in Philippians begins with either *"in Christ"* or *"in the Lord."* When we give ourselves to Christ we no longer belong to the world.
3. We can see how the Philippians gave themselves to God in Acts 16.
  - a. They were told to: \_\_\_\_\_ (Acts 16:31)
  - b. We see evidence of \_\_\_\_\_ (Acts 16:33)
  - e. We see that they were \_\_\_\_\_ in obedience to the commands of the Lord (Acts 16:33, Mark 16:16).



## Walking Thru The Bible PHILIPPIANS

### Introduction

**THE CHURCH:** The Philippian church was established by Paul on his second missionary journey, ca. AD 50 (cf. Acts 16). He was there **"many days."** The church seems to be the least Jewish of all the communities where Paul established churches. Several women were prominent in the history of this congregation; there was Lydia, the first convert there, and Euodia and Syntyche who are designated as Paul's fellow-laborers in the Gospel.

This congregation seems to have been exceedingly mindful of Paul's needs while he was traveling as a missionary preaching the gospel and sent money to him again and again. They were concerned about his comfort and necessities while in prison and again sent him relief.

**PLACE, DATE, AND OCCASION OF WRITING:** The letter reflects that it was written during an imprisonment of some duration (1:7, 13f, 17). While Paul was in prison at several different places the evidence is strongest that it was written from Rome. He refers to the praetorium guard (1:13) and Caesar's household (4:22). The date of the epistle if written during first Roman imprisonment would be AD 61-64.

The letter was occasioned by a series of communications between the Philippian church and Paul. They heard of Paul's imprisonment and need and sent their minister, Epaphroditus, to Rome with an offering for Paul. Epaphroditus became seriously sick but God spared him in answer to Paul's prayers. The Philippians then heard of their minister's sickness and were grieved over him. Epaphroditus is now well and Paul sends him back home with this letter of thanksgiving for the gift sent to him.

**CHARACTERISTICS OF THE EPISTLE:** Philippians is a letter to personal friends, not a sermon as Romans, Hebrews and I John. It is a love letter and Paul praises his beloved friends. It is filled with commendation and encouragement, gratitude and love.

It is a letter of joy. Paul might be scourged in the day but by midnight he could be rejoicing. It has some important teachings on God, and especially of Christ and his pre-incarnated state.

**THE MIND OF CHRIST**  
**Philippians 2:5**

Introduction:

1. Nineteen times Paul mentions **joy, rejoicing, or gladness** in this epistle. This is even more meaningful when we notice Paul's situation when he wrote the letter. If we can master Philippians we should be filled with **joy** as we live the Christian life.
2. Paul wrote not wanting anything to mar the joy of the Philippian Christians. He did not want the "Joy Stealers" to get the upper hand.
  - a. Illustration about "Happiness Robbers"
  - b. **"These things have I spoken unto you, that my joy might remain in you, and that your joy might be full. (John 15:11)** Isn't it sad today that so many Christians walk under clouds of gloom when we could be walking in the sunshine of joy.
3. Just how does Christian joy differ from ordinary happiness?
4. The Christian secret of joy is found in the way we \_\_\_\_\_ (Proverbs 23:7)
  - A. Notice the contrast between Mark Twain and Paul.
5. Paul indicates four thieves that could rob us of our joy and how we can prevent it. Four broad categories suggested by Paul are:
 

Chapter 1	_____
Chapter 2	_____
Chapter 3	_____
Chapter 4	_____
6. How can we prevent these thieves from taking what is ours in Christ?
  - a. By cultivating the Christian mind and attitude (2:5).
  - b. Paul used the word "mind" ten times, and "think" and "remember" five times each. Let us notice how Paul develops the right "mind-set" in each of the chapters:

**I. The Single Mind Chapter 1 (Key verse 21)**

1. How does Paul describe the singlemindedness that James mentions? **"A double minded man is unstable in all his ways."** (James 1:8)  
It is having all of one's life centered on Jesus Christ. Everything we think, plan, do, hope for, takes its meaning and purpose from the Lord.
2. Does a single-minded person simply ignore the circumstances in

which he finds himself, acting as if they didn't exist?

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**II. The Submissive Mind Chapter 2 (Key verse 3)**

1. In chapter 2 Paul focuses on people and provides us with four wonderful examples of the submissive mind (Luke 14:11).
 

2:1-11	_____	(v.6-7)
2:12-18	_____	(v.16-17)
2:19-24	_____	(v.20)
2:25-30	_____	(v.30)
2. The Christian with the submissive mind doesn't expect others to serve him.
3. We see how in chapter 1 Paul puts Jesus first, and in chapter 2 he shows us to put others second. That means you put yourself last, and notice how that spells **JOY!**

**III. The Spiritual Mind Chapter 3 (Key verse 19)**

1. Eleven times **"things"** are mentioned. We see that 'most people' mind "earthly things"
  - a. Paul probably has in mind things which are always sinful, but he doesn't list them.
  - b. "Things" that concern us may include some necessary but secondary things as food, clothing and shelter. "The worst enemy of the best is the second best." Matthew 6:33.
2. Christians are to mind **"heavenly things"** (verse 20). The person with a spiritual mind looks at things from heaven's point of view. What a difference.
3. Paul uses several figures of speech in chapter 3 as he considers the need for the Christian to develop a **spiritual minds** from the standpoint of:
  - Accountants-- with right values (v. 1-11) v.7
  - Athletes-- with right vigor (v. 12-16) v.14
  - Aliens-- with right vision (17-21) v.20

**IV. The Secure Mind Chapter 4 (Key verse 7)**

1. The Christian with joy has a peaceful and secure mind. The great enemy of the secure mind is \_\_\_\_\_ .