

- ▶ Lutein, a plant pigment that can be obtained from fruits and vegetables or from dietary supplements, is especially beneficial for eye health. Lutein may also protect breast and endometrial cells against damage.
- ▶ Calcium D-Glucarate yields D-Glucarate, a nutrient that can help the body dispose of potentially harmful substances, including excess hormones. D-glucarate can protect against and slow the rate of cellular damage.

WILD YAM CREAM

Benefits:

1. Wild Yam cream is a progesterone cream for women of all ages. Progesterone and the other ingredients of Wild Yam cream are delivered to the body through the skin. Fragrance-free Wild Yam Cream moisturizes and penetrates deeply to augment and support progesterone actions.
2. Women of pre-menopausal, menopausal, and post-menopausal ages may use Wild Yam cream to relieve some of the discomforts of the natural changes being experienced at this phase of life.

Science & Nutritional Facts:

Key Ingredients

Wild Yam Cream contains approximately 500 mg progesterone per fluid ounce, as well as extracts of Wild yam (*Dioscorea villosa*), Soy (*Glycine max*), Evening primrose oil (*Oenothera biennis*), Licorice (*Glycyrrhiza glabra*), and grape seed (*Vitis vinifera*). It also contains skin nurturing and protecting Aloe Vera gel and vitamin E, as an antioxidant.

1. Progesterone may
 - ▶ Relieve some of the discomforts associated with menopause, including hot flashes.
 - ▶ Support and augment assisted-pregnancy treatments
 - ▶ Help prevent and treat osteoporosis, especially in menopausal women.
 - ▶ Reduce the risk of cellular damage in women receiving estrogen treatment.
 - ▶ Be an effective treatment in lieu of hormone replacement therapy for menopausal women.
2. Wild Yam
 - ▶ Traditionally, wild yam is used as a female tonic for soothing cramps, dysmenorrhea, and ovarian and uterine pain. It is believed to aid menopause by soothing hot flashes and relieving fatigue and vaginal dryness. Some compounds in wild yams have analgesic and anti-inflammatory properties.
3. Aloe Vera gel
 - ▶ Aloe Vera gel is used both as a first aid cream to treat minor burns and scalds, as well as in skin beauty products, because of its hydrating and moisturizing properties. Aloe Vera gel may be used to improve the appearance of stretch marks and weeping skin. Aloe contains many compounds which help soothe the skin and relieve minor skin ailments, including psoriasis.

Grape seed extracts have potent antioxidant effects and support blood flow by improving vascular strength. Licorice, Evening primrose oil and vitamin E were blended into this cream because of their skin beneficial effects, antioxidant properties, and ability to relieve some of the discomforts associated with menopause.



Wild Yam Cream

This topical cream delivers wild yam and soy extracts that naturally help balance the female reproductive cycle, as well as additional botanical extracts that moisturize the skin.

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